

MEDICAL 3/4-LENGTH

FootActive
Australian Premium Insoles



ORTHOTICS

• Orthopädische Schuheinlagen
• Semelles orthopédiques • Plantillas ortopédicas

FootActive Medical: *effective re-alignment of the lower limb*

- developed by Australian podiatrists
- biomechanical longitudinal arch support
- in-built metatarsal raise
- deep stabilising heel cup
- comfortable velvour top cover
- shock-absorbing Podflex heel pad



By controlling excess pronation **FootActive Medical** orthotics can be very useful in the treatment of many foot complaints. In addition, excess pronation is often associated with common biomechanical complaints such as shin splints, knee or back pain. Therefore, **FootActive Medical** may also prove helpful in the treatment of complaints other than foot problems.

FootActive orthotics assist with the relief of:

- Heel pain (*Plantar Fasciitis*)
- Ball of foot pain (*Metatarsalgia*)
- Flat feet/fallen arches
- Excess pronation
- Achilles Tendonitis
- Tired, aching legs
- Shin Splints
- Knee pain
- Low back pain

Fitting and Care

Place the insoles right at the back of your shoes. It may take some time to get used to the orthotics. Please wear FootActive for only a few hours a day, gradually increasing the hours of wear until they feel comfortable. You may clean the insoles with a warm soapy cloth. Do not soak them or put them in the washing machine or dryer.

3/4 length insole
for low-heeled /flat
slip-on shoes & sandals

